



Antelope Valley Ostomy Support Group

Dedicated to provide support, advocacy, and education
for people and their caregivers that have or will have
intestinal or urinary diversions.

Contact information:

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What does the UOAA provide?

- ❖ Pre-operative and post-operative visitor program
- ❖ Local meeting chapters and satellites throughout the country
- ❖ Quarterly news magazine, the Ostomy Quarterly
- ❖ Interactive Web-site
- ❖ Publications related to ostomy conditions
- ❖ Advocacy
- ❖ Connections to numerous other health care organizations
- ❖ Annual UOAA Youth rally
- ❖ National and regional conferences
- ❖ National and international network of ostomy friends

Support Group Objectives

- Support and education for ostomates and their families
- Providing visiting services
- Local meetings for discussion and help
- Information about insurance and reimbursement issues

Local Chapter Support

Our meetings provide help and support for the ostomate and families...we provide tips and information for living with an ostomy, and we offer emotional and technical support...and we have fun in the process

The Antelope Valley Ostomy Support Group meets every other month (January, March, May, July, September, and November) on the third Sunday of the month at 2:00 pm.

The AVOG also provides certified visitors for support before and after ostomy surgery. Please join us if you have questions, concerns or are having a difficult time coping with ostomy surgery.

Meetings are held at local meeting places. Please contact the local chapter for specific meeting locations.